DuraCARE Counseling & Consulting Services, LLC

Annual Stamp Out Bullying Poster Contest

Did you know **October** is National Bully Prevention Month?

Enter for a Chance to Win a Gift Card Prize and Have Your Poster Featured on DuraCARE Counseling’s Website!!!
Bullying is being mean to another person over and over again.

Bullying often includes:

- Teasing
- Talking about hurting someone
- Spreading rumors
- Leaving kids out on purpose
- Attacking someone by hitting them or yelling at them
- Cyberbullying—saying mean things about others online or in a text message

Let’s help stamp out bullying online, in our schools, and neighborhoods!!

Design a cool anti-bullying poster and be entered in DuraCARE’s poster contest.

You do not have to be enrolled in DuraCARE’s Counseling program to participate in the poster contest!!

Please call or text 504-327-5753 to learn more!!

Contest Rules

Participants must create a full size color poster that illustrates and educates about the dangers of bullying and how to prevent it.

- Posters must be created only by an individual child/teen.
- Participants should use colored pencils, crayon, or markers in their poster design.
- Complete name, address, telephone number, age, school, and grade should be written on the back of the poster in black marker
- All poster’s must be submitted to DuraCARE’s office by 4:00PM October 22, 2014. 4323 Division St. Suite 102, Metairie, LA 70002

Judging Standards

There will be three first place winners in each category: elementary, middle, and high school.

Selection of the winning posters will be made by the DuraCARE Contest Committee on an objective and non-discriminatory basis. Winners will be selected based on the poster’s message, visual impact and originality. All posters submitted to the national contest will become the property of DuraCARE Counseling & Consulting Services, LLC and may be featured on our website or newsletter.